

Soothes Knee Osteoarthritis Laser therapy treatments led to

significant pain relief that was evident from 1-3 months after the end of therapy. Significant improvements in knee flexion and quality of life were also seen after Laser therapy.6



Ankle Sprain Swelling Relief

Laser therapy treatments have been used for over a decade on sports injuries. This study found swelling from an ankle sprain reduced 44% more with Laser therapy compared to just ice therapy.⁵



Diabetic Nerve Pain Repair

Subjects showed a significant increase in neural potential amplitudes...clearly demonstrated a significant positive effect of Laser on improvement of nerve conduction velocity on diabetic distal symmetric polyneuropathy (DSP).3

LASER THERAPY **RESEARCH**



Clinically Proven for Neck Pain

Laser therapy reduces pain immediately after treatment in acute neck pain and can last up to 22 weeks after treatment in patients with chronic neck pain.



Muscle Fatigue Recovery

Delayed Onset Muscle Soreness (DOMS) occurs after doing a new or unusual exercise. Applying Laser therapy gave athletes significant relief and recovery from muscular aches and pains.²



Back & Leg Pain Responds

Patients who had Laser therapy on their low back and leg gained the best results (56% improvement) compared to those taking Anti-Inflammatory drugs (23% improvement).4

Is Laser Clinically Proven?

With over 6,000 studies published including 400 clinical trials plus a new study is added everyday, what are you waiting for?

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Targeted Relief+Repair

Faster and stronger healing for a full recovery.



Super Pulsed Laser Therapy

"Laser therapy reduced pain for up to six months after the completion of a treatment program in patients with chronic neck pain."1



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Multi Radiance laser units are registered by the Therapeutic Goods Administration (TGA). The Australian Register of the TGA (ARTG) ID number is 372931 for the purpose of muscular and skeletal conditions and pain management in general.

^{1.} The Lancet Medical Journal 2009

Here's a Quicker Way to Get Over an Injury - Naturally.

T/ou've probably noticed that when you hurt yourself **I** whether it be at sport, work or in the garden, the sharp pain soon eases off and you're left with a dull ache.

The natural tissue repair process is to blame.

The injured muscles are replaced with scar tissue. As this repair tissue develops and if left untreated, the fibrotic scar **nodules become harder**, causing more damage by choking-off the nerve receptors, blood and lymphatic vessels.

Reconnecting the Brain to the Body

Long-term interference of the constant communication between the brain and the injured muscles and nerve receptors leads to a 'wasting' of the brain.

Researchers recently discovered patients with chronic back pain had 5-11% less of their brain's gray matter—that's the equivalent of 10-20 years of natural brain ageing! 7



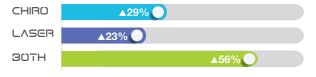
Flexible-Strong-Regular. Inflexible-Weak-Random. Stronger & flexible

Scar tissue

Treated tissue

Laser therapy targets the scar tissue and trigger points to 'soften' the fibrotic 'knots'. This helps restore local blood circulation and allowing the injured nerves to reconnect to the brain for a complete and lasting recovery.





"Clinicians around the world, based on their professional experiences, confirm faster results by applying both chiro adjustments and laser therapy."9 What is laser therapy? When Laser Therapy is placed over the skin of injured or sick cells in the body, photon energy is absorbed. This action stimulates the damaged cells to increase their energy production which is used to transform the damaged cells back to healthy active cells.

What results can I expect from laser?

Many people experience significant relief after only 4-6 treatments. Depending on the severity of the injury, complete tissue repair can take up to 12 visits.

What conditions can laser therapy help?

There is a high level of evidence showing Laser is effective for common injuries such as neck, back and knee pain, muscle spasms and trigger points. Anywhere in the body that is 'stuck' in a chronic inflammation cycle can be helped with laser therapy.

Are there any possible side-effects?

Some people do feel a slight tingling over the area being treated. If you have had a condition for more than twelve months, you may briefly experience more soreness including tiredness, stiffness, mild headache or nausea.

Is Low-Level Laser therapy safe?

Yes. Low-Level Laser Therapy (LLLT) was discovered in 1967 and has been used for over 50 years with no documented serious adverse effects.8

Amazing Muscle Recovery.

When Dr Mirkin wrote his best selling 'bible' for injured athletes, The Sports Medicine Book in 1978, he coined the term R.I.C.E, (Rest, Ice, Compression and Elevation.)

He recently updated his advice to: "Today, science knows applying ice to injured tissue causes blood vessels near the injury, constricts and shuts off vital blood flow, stopping the healing cells of inflammation and repair. The blood vessels do not open again for many hours after ice is applied. This delays recovery to an injury."

MELT Injuries Away

Today's evidence-based approach to the healing muscles and ligaments for long term strength and flexibility is: Movement, Elevation, Laser and Taping. R.I.C.E slows your recovery, so update to M.E.L.T.

For the best recovery, keep moving as much as possible, elevate the injury for lymphatic drainage, apply Laser therapy immediately for protection and tape the injured area for stability.







Some tissue damage.



LASER Best tissue protection.

Research study by Batista da Costa Santos. Lasers Med Sci 2014

Laser Activates Natural Pain Relievers.

Laser therapy can stimulate parts of the brain¹¹ to produce its natural pain relievers (endorphins)¹² and may 'tone down' the stress response and activate the relaxation effect.13



Laser Drains Swelling + Inflammation.

When muscles and ligaments are injured, inflammatory chemicals cause swelling and pain. Laser therapy opens your body's drainage lymphatic system—to move inflammation out and back into circulation. 14,15



Laser Boosts Oxygen for Repair.

Sick or injured cells demand more oxygen to get healthy again. Applying laser therapy over blood vessels has been shown to release more oxygen to damaged tissues.¹⁰



Laser Speeds the Healing Response.

Laser therapy reduces the formation of scar tissue and adhesions during the healing phase. This means stronger repair tissue, a faster recovery and prevention of a re-injury. 16

